

Rhythms & Rituals

6:00- Quiet Time + Water + Time on My Knees

6:35- Kid's Up

7:00- Eat + Devotional

7:35- Carpool

8:00- Exercise + Get Ready

9:00- Daily 5: Load of Laundry + Dishes, Kitchen + Bathrooms Wiped Down, Beds Made, Dinner Set

12:00- Pick-up EG w/ Lunch

1:00- Room Time (New Bin Each Day + Clean Up)

3:00- D Home + Homework + Play (Parks, Square Books Jr., CFA, Petsmart, Friends Over)

4:30- Dinner Prep (Kids Involved in Cook, Table Chores)

5:00- Dinner with Conversation (Glad, Mad, Sad, Grateful, Compliments)

6:00- Table Chores + Family Time (Walk, Bike, Puzzles, Games, Movie Nights)

7:00- Baths

7:30- Read & Calm

8:00- Sing, Pray, Bed

9:30- Read, Write, Mint, Instagram in Bed

10:00- Sleep

Sunday: Church + Rest + Reset the House @ 4 (Kid's Clean Rooms, Dust, Vacuum, Dishes, Wipe Down) + Meals on Frame

Monday: Staff Meeting + Host Friends or Students + Clean Master

Tuesday: Bible Study + Write + Ballet + Be available to Joel + Go and/or Pray for Cru

Wednesday: Clean + Write + Deep Clean + Ministry Partner Development + Pre-Greek Study

Thursday: Prayer Meeting + Campus Day

Friday: Date Morning + Lunch with D & EG

Saturday: House Projects + Family Day

2014 Values & Goals

1. **Self:** Care for myself in such a way that I am connecting with my own soul, growing, developing and intentionally living my life fully sold out to God and His plan for me. So that I will come to the end of my life and know that I was faithfully stewarding all that He entrusted me with and inspired me to do.

- **Daily Rhythms & Rituals**
- **Walk/Run/Bike/Crossfit**
- **Stretch daily and drink 66 oz of water**
- **Bed by 10**
- **Shower and get dressed most days**
- **Read 12 Books in 2014**
- **Write**
- **Blog 2/Week**
- **MomHeart Conference 2015**
- **Send 2 Hand-written Letters/Month**
- **Meet with Older Women**
- **Create Prayer Rituals (dishes, vacuuming, laundry, knees)**
- **Daily Worship Music**
- **Get Outside (hike, bike, play with kids)**
- **Say NO more often than YES**
- **Free love**
- **Living sacrifice**

If the laundry is not done, no one will fall apart. If I am falling apart everyone will fall apart. They can't hire a wife or mom.

2. **Family:** Have a marriage that is thriving, intimate, fun and meaningful. Make #hurdlepartyof4 a healthy, fun, laughter-filled, love-tank-filled, memory-filled, Jesus-loving, therapeutic, hard-working, others-centered, friendly, grace-giving family to be a part of. So that, prayerfully, my kids will leave a greater impact for Christ than Joel and I ever could, that we may exude the Gospel to those around us. Thus enjoying the soul-satisfying joy that these moments of sheer family delight bring to the heart!

- **Host Other Families, Staff & Students 1/week**
- **Game Nights, Puzzles, Read-Alouds**
- **Organized Sports (Ballet + Football)**
- **Play Dates 1/month**
- **Missionary Map**
- **Create AM Visual**
- **Create Jobs for Pay Visual**
- **Play Outside as a Family 1/week**

- Visit Family/FaceTime 1/week
- AM Family Devo
- PM Prayer Time
- Dinner Conversation (Mad, Sad, Glad, Compliments, Thankful/Gratitude)
- Anniversary Weekend with Joel
- Weekly Dates
- Complete Will & Medical Forms
- Get more Life Insurance
- Revisit Budget & Mint

When it's all said and done, this is what matters. Nurture! Play! Tend to their hearts and their worlds! Look them in the eyes and let them be little!

3. **Home:** Live precisely as a home manager, enabling our home to be a safe-haven to the people in and outside it—a place they can see Jesus, be broken, find healing, warm, healthy food and order. To enjoy clutter-free living and eliminate distractions so that life can be lived, not maintained. Making our home a spiritual point of reference, belonging, love and laughter, a safe place my family and friends will always want to come.

- OHIO
- Daily 5
- Weekly Meal Plan on Frame
- Meal prepping by 4
- Wireless printer
- Organize Kids' Clothing
- Sell Craigslist Stuff
- Declutter and Too Small Bags
- Vacuum/clean less
- Curtains in Dining Room
- Living Room Walls Decorated
- Bathroom Walls Decorated
- Touch-up Trim
- Check budget and Mint daily
- House projects paid for in cash (landscape, fire pit, garage, our bathroom, paint kitchen, headboard, growth chart, curtains, chairs, island)

It doesn't have to be perfect to be beautiful. My floors can be dirty, but my heart cannot be. Living sacrifices don't need kudos or pats on the back.

4. **Ministry:** Missionally multiply in my home, on campus, in the community and online so that my life can expose the maximum number of people to the joy of knowing Jesus so that they can turn around and expose the maximum number of people to the joy of knowing Jesus! Thus raising up an army of people fighting for Christ when I leave this earth.

Home-

- AM devotional and prayer on the way to school
- Dinner time conversation pointing to God

- Practicing forgiveness daily showing our need for Jesus (tearing up paper)
- Church attendance
- Scripture memory

Legacy-

- Make a list of disciples
- Phone calls
- Resource book
- Happy Disciple Box
- Retreat?

Oxford-

- Initiate Weekly with Interns
- Host Monthly Leadership Discipleship Study (10 TC, Scripture memory, ACTS & ABC prayer on knees, accountability, evangelistic homework)
- Host 1 Family Group with their staff per month
- Host Prayer & Be All There
- Initiate 3 Staff Women's Breakfasts

MPD-

- Prayer Letter done on the 1st of each month
- Keep Prayer Letter List Updated
- Hand-written personal note to each supporter
- Thank you's done by the 1st of each month

Blog-

- Blog 2 times each week (family, ministry, spiritual nuggets, giveaways, quotes and photos, recipes)
- Print Emily Ley's blog planner
- Participate in Writers Group (Pin Group?)
- Mississippi Women Bloggers
- Thrive Mom?
- Network with bloggers by commenting on their posts 3/month
- Get 1 affiliate/sponsor per month
- Respond to comments

Not by strength, nor by might but by MY SPIRIT! We have this ministry of reconciliation! If there is a real hell and real people are going there, how then shall we live?

5. **Curating:** Capture and record the magic of the mundane, the sacred moments of daily life. To create a logged heritage for my little people and to enjoy a creative outlet of beauty, completion and memories, in order to preserve and trophy all that God has done and allowed us to experience!
 - **50 Blurb Pages/month**
 - **Blog 2/week**
 - **24-hour Photo Project/season**
 - **Write Down Kid's Quotes**
 - **Order 2 Blurb Books**
 - **Create Instagram Art**

- **Frame Children's Art**
- **Use Big Camera/week**
- **Take a Blog/Momtog Class**
- **Print Canvases**
- **Purge + Reload Last Bin of Albums**

The business of life is the acquisition of memories. –Downton Abbey